



Respect



Safety



Excellence



Corrimal East Public School Newsletter



Phone: 4284 4582

Email: corrimal-e-p.school@det.nsw.edu.au

Website: <http://www.corrimal-e-p.schools.nsw.edu.au>

Facebook: <https://www.facebook.com/corrimal-eastps/>

Term 3

Friday 28th August, 2020

Week 6

Upcoming Events

Term 3

Monday 31st August

Gymnastics

Friday 4th September

Father's Day Stall

Monday 7th September

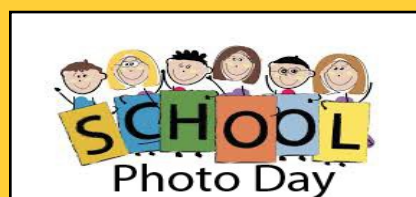
Gymnastics

Monday 14th September

School Photo Day (no Gymnastics)

Monday 21st September

Gymnastics



Monday 14th September

Sibling photo envelopes are now available-please phone the office to have one sent home with your child.

Dear Parents & Carers,

Our new netball court is nearly finished and it is looking great! We should be able to start using it sometime later next week after it settles and some new turf is laid around the edges.

Last week, one of our lovely neighbours called the school to let us know that they would like to donate some money to CEPS. This has been such great timing, as Mr Stanley and I have been discussing getting some protective pads around the netball posts and also some spectator seating around the new court. While this donation won't be able to cover both of these new additions, it certainly moves us closer to making it happen.

Can I please encourage you all to purchase some yummy pies and sweet treats through the P&C pie drive fundraiser and don't forget that our Father's Day stall is coming up next week on Friday 4th September.

Lastly, I would like to personally acknowledge the amazing efforts all of our wonderful School Administrative and Support Staff. This week we have celebrated SAS Recognition Week, which includes our office staff, general assistant and school learning support officers. We are so lucky here at CEPS to have so many amazing support staff. We thank you for everything that you do for our amazing school and for always going above and beyond!



Mrs Gammone
Principal

COVID TESTING - INFORMING THE SCHOOL

If your child is being tested for Covid-19 please inform the school *immediately*. Due to current department protocols we must notify the department Covid-19 hotline of any students being tested on that day, and then later notify them of the result. We will require the name of your child, the date they are being tested, and the location of the testing. Once you have received the results please notify the school and send us a copy of the results. Thank you for your support in keeping these records current.



Canteen Ordering Procedure

A reminder that you can now pay for your canteen orders by direct debit.
Account details: CEPS P&C Canteen BSB:814 282 Account: 50831938

If you are paying online *please still fill in a paper bag as usual with the lunch order requirements* and have your child take it to the canteen as usual. Please write 'Paid online' on the paper bag.



Jump Rope for Heart kicks off this term!

Jump Rope for Heart is fantastic physical activity involving skipping combined with a fundraising program that has been run by the Heart Foundation for over 36 years. It's a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.

Students will be skipping throughout the term with their class and have the option to continue during lunch breaks. We will hold our school **Jump Off Day** on the 11th of September. This will mark the end of the program and is a chance for all students to come together to skip and show off their newly learned skills.

The fundraising element of the program is **optional**. If you would like to help support this charity, it is important you register your child online so they can receive the full benefits of the program and participate in online fundraising. Just follow the link here to get started: www.jumprope.org.au/parents

We will not be accepting cash donations and advise against any door knocking to seek donations given the current COVID situation. However donations can be made online through sharing your child's fundraising page with friends and family. Donations are tax deductible.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$104 million for the Heart Foundation's lifesaving work.

Thank you for supporting the Jump Rope for Heart program!

Sustainability at CEPS!

Trash Free Tuesday

Corrimal East participates in **Trash Free Tuesday**.

Every Tuesday we encourage parents and caregivers to pack all food in reusable containers with no packaging. Unpackaged foods are usually less processed and provide children with greater health benefits. Research shows that nutritious foods aid brain development, concentration and supports healthy immune systems. **Trash Free Tuesday** will also reduce the amount of waste from our school going to landfill.



Did you know that only 1 in every 20 Australian children (and adults!) are eating enough fruit and vegetables?



Fruit and Veg'tember Coming Soon!

Did you know that only 1 in every 20 Australian children (and adults!) are eating enough fruit and vegetables?

Corrimal East Public School will be participating in **Fruit and Veg'tember** starting Tuesday 1st September. Fruit and Veg'tember is a health promotion program for NSW primary schools that puts a positive focus on fruit and vegetables.

As part of Fruit and Veg Month, students will be involved in various classroom and school based activities which encourage them to eat more fruit and vegetables and get creative.

For parent information about healthy lunchboxes and healthy family recipes, please visit: <https://healthy-kids.com.au/parents/>





Nature Pod

Check out our
creations in
nature pod
this week!



Mufti Week



YEAR 6 FUNDRAISER MUFTI WEEK IS HERE!!!

Year 6 are raising money for their end of year celebrations and our gift to the school. We would love you to join in on the fun. We are hosting a MUFTI WEEK in Week 10 (September 21-25)! Students can come to school wearing clothes that match a certain theme each day.

The cost of this is a gold coin donation each day or \$5 for the whole week (cash only)

Uniform requirements: Excluding Friday students MUST be wearing their school uniform with their dress up. We hope you enjoy mufti week and have fun!!

Monday - superheroes / supervillains: Wear a cape or mask with your full school uniform.

Tuesday - crazy socks: Wear a colourful pair of socks instead of your usual school socks.

Wednesday - Hawaiian: Wear a hawaiian shirt, lei, flower crown or grass skirt over your uniform.

Thursday - face paint / favourite hat: Paint your face into your favourite design or wear your favourite hat, or both! School uniform must also be worn.

Friday - full mufti / onesie: Wear anything mufti or your favorite onesie to celebrate the last day of term. No uniform required!

Thank you,

Year 6



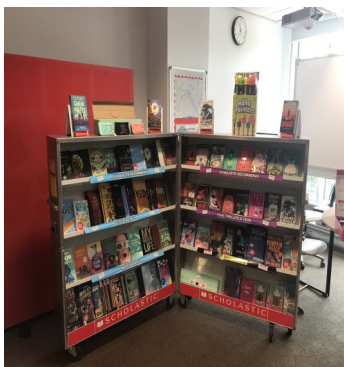


I am so happy to be able to announce that our Scholastic Book Fair for 2020 is going ahead!!

Due to the current Covid-19 restrictions, our Book Fair will need to operate differently this year.

N.B. Only the students will be able to peruse the books and other items for sale as the full range of books is NOT able to be viewed online. Unfortunately, parents will not be able to come on site to view or purchase.

The book cases will be delivered to our school library on Monday 31st August 2020.



Viewing Times For Students: From Tuesday 1st - Friday 4th September, students, in their library session, will be able to view all the books, book packs, kits and stationary items that are available for purchase. Students will then be able to create a 'Wish List' of the items that they would love to purchase.

Purchase Times: From Tuesday 8th - Friday 11th September between 8:30am - 9:00am and 11:00am - 11:30am students may bring their wish list or their completed online payment slip to the library to purchase their books.

The flyer attached shows a selection of some of the Book Fair books for purchase, which start at only \$5 and the details regarding the **paying online option** which is available. After the online payment is made, students bring the **Wish List Payment Form** to school which has the **Payment Receipt** information. Students may also bring **cash** to school to purchase their books.

Sadly, we will not be holding a Book Character Parade in 2020.

In lieu of the Book Character Parade, we will be having a **Bamboozled Mufti Day** on **Wednesday 9th September** instead. This is based on the topsy turvy themed book 'Bamboozled' by David Legge where the unusual is the normal. We have talked about ideas regarding what to wear in our library sessions this week. E.g. pyjama pants with gumboots and a tutu, odd socks, hair styled in different ways, back to front wearing of clothes etc.

There is **no cost** involved in this mufti day. The aim of Bamboozled Day is just to have some fun.

Your support of our Book Fair enables us to buy resources and more books for our students, which is greatly appreciated. If you have any questions, please contact Mrs Taylor.

P & C News - 2020 - Term 3, Week 6



ORDERS CLOSE 2pm TODAY!

PIE DRIVE LINK:

<https://corrimalleastpiedrive2020.floktu.com/>

Pickup day will be Friday 11th September.

Have a great weekend!

Jayne Ellis
P&C President
0419 293 763

ceps.pc.president@gmail.com

Cindy Napier
P&C Secretary
0421 221 810

ceps.pc.secretary@gmail.com

Sarah Loemker
Fundraising Officer
0405 084 632

ceps.fete@gmail.com

Linda Trebel
Canteen Manager
0438 840 820

ceps.pc.canteen@gmail.com



- **ENTERTAINMENT Book / App** available to purchase again this year. Follow the link below to organise your membership. Feel free to share the link with family and friends. This is our unique link so all sales come back to us.

<https://www.entertainmentbook.com.au/orderbooks/280p854>



- **PIE DRIVE - ORDERS CLOSE TODAY**

GET YOUR ORDERS IN BEFORE 2pm. Use the link above. All orders will be available for collection on **September 11th** directly from the school. More details to come as this needs to be done as safe as possible to comply with Covid requirements within the school.

- **FATHERS DAY STALL** - Our Father's Day Stall this year will be held on **NEXT Friday 4th September.** Due to the COVID restrictions the Teachers and Year 6 Students will be manning the stall this year. We thank them for their commitment to this and allowing us hold the stall. We appreciate it!
- **FATHERS DAY RAFFLE:** - Please return all tickets (Sold or unsold) and Money to the office slot by **Wednesday 2nd September.** The draw will be Friday 4th September!



- Don't forget you can now PAY for orders by **direct debit!!**
Account details: CEPS P&C Canteen BSB: 814 282 Account: 50831938
- Please remember that due to the Covid regulations we can NOT use our Stickybeaks re-usable bags at present. All orders need to be on a paper bag until further notice. Thank you for understanding.
- We ask that you remind your Children to pick up ***all frozen treats or warm milos from the canteen, after eating time.***

wAcKy WeDnEsDaYs!!

Don't forget our special treats available **WeDnEsDaYs** for TERM 3, (in addition to our normal menu).

Make sure you purchase your favourite item... The most popular item *might* just make it onto our menu PERMANENTLY!!

Eastie's Eatery
Wacky Wednesdays – Term 3 only - Lunch
In addition to the normal Menu

HOT DOG with sauce	\$4.00
CHICKEN DINOSAURS 5 FOR	\$3.00
GLUTEN FREE CHICKEN RICE NOODLES	\$3.00
HOT CHIPS	\$2.50
SMOOTHIE	\$2.50

Note: Noodles and Smoothies will need to be picked up from Canteen.

Kindergarten Enrolment for 2021

We are taking enrolments for Kindergarten 2021 now!

If you have a child starting school next year

(or if you know anyone that is looking to enroll next year from our zoned area)

please call the school on 4284 4582

School tours and enrolment packages are available now



SCHOOL PHOTO DAY HAS BEEN POSTPONED



www.msp.com.au

School photo day has been postponed! We have rescheduled to: Monday 14th September 2020

Please note the following:

- ❑ If you have placed an order online, that order is stored in our system and will be fulfilled on photo day.
- ❑ New envelopes will be issued to students that have NOT placed an order online. Students that have already ordered online will receive an electronic reminder about their upcoming photos.

UPDATE

New envelopes have been handed out to families who have not yet ordered their photos. If you have already paid there is no need to worry. The order will be transferred over to our new photo day.

What is *Learning for Life*?

Learning for Life provides families with opportunities to increase their children's success at school. The *Learning for Life* program helps each child to reach their potential by supporting their education from primary through to post-school studies.



everyone's family

Learning for Life provides:



Am I eligible for *Learning for Life*?

To be eligible, you must:

- ✓ Have a child/ children in Kindergarten/ Prep/ Reception to Year 6, who attend a school that we work with
- ✓ Have a current Health Care or Pension Concession Card
- ✓ Demonstrate a strong commitment to education through regular school attendance



What else do I need to know?

Learning for Life is a partnership between your family and The Smith Family.

As a parent/guardian or caregiver, you will be committing to:

- Your children attending school regularly
- Providing a school report yearly for each child
- Returning a yearly progress report for each child
- Maintaining contact with The Smith Family



How do I apply for *Learning for Life*?

If you meet all of the above criteria and would like to apply for the *Learning for Life* program, please complete the referral form provided and return to your school.

For further information, please contact the Family Partnership Coordinator:



Corrimal East Public School

Duff Parade, East Corrimal

PO Box 73, Corrimal 2518

P: (02) 4284 4582

E: corrimal-e-p.school@det.nsw.edu.au

W: www.corrimal-e-p.schools.nsw.edu.au

CEPS K-6 Public Speaking Program, Term 3, 2020

Dear Parents,

We are preparing our students for our School Public Speaking competition which will be held this term. The aim is to assist students to become more confident, clear and focused speakers in a public situation. Public Speaking constitutes part of each class' Speaking and Listening program and is completed in all classes from Kindergarten to Year 6.

The required length of each speech will differ per stage (see below).

Kindergarten	Stage 1 (Years 1&2)	Stage 2 (Years 3&4)	Stage 3 (Years 5&6)
1 min	2 mins	3 mins	4 mins

Topics to Choose from

Kindergarten <ul style="list-style-type: none">• My favourite toy or game• My favourite thing to do with my family• I love school because.....	Years 1 and 2 <ul style="list-style-type: none">• A place I would love to visit• Things that make me laugh• What would I do if I had super powers for one day?• Important people in my life
Years 3 and 4 <ul style="list-style-type: none">• The same but different• The greatest thing ever invented?• How can Kids can make a difference• Why play sport?	Years 5 and 6 <ul style="list-style-type: none">• Why should we recycle?• If I was the Prime Minister for the day I would..?• Words can hurt• How I conquered my biggest fear?

The speech should have a beginning, middle and ending. It is important to avoid just listing points but try to develop several ideas into an opinion with a firm conclusion.

Students will present their speech to their individual class in Week 6 this term. Class teachers will be assessing each of the speeches using marking rubrics. Selected students from each class will present their speech at the CEPS Public Speaking finals which are to be held on **Wednesday 16th September, 2020** (Week 9) in the hall. **At this stage parents are unable to attend but each speech will be videoed and placed on Seesaw.**

This learning experience should be viewed as an enjoyable and productive exercise. Students are encouraged to participate at a level at which they are comfortable and gain the most from the experience.

Please speak with your child's class teacher if you would like any further information.

Michelle Munro

Assistant Principal & Zora Brown

POINTS TO HELP PREPARE YOUR CHILD

- The appropriate palm card size for Stage 1 is 14cm x 9cm (1/4 of an A4 page) and a Stage 2 & 3 is 10cm x 7cm (1/8 of an A4 page). Some students may like to keep their cards in order with a key ring.
- Ensure that your child does not introduce himself / herself or the topic. The teacher will do this. Also avoid thanking the audience at the end of the speech. The audience thanks the speaker by applauding.
- Direct your children to sources where they can find the information. This could include the Library, interviews, family discussions, internet, etc. this will help them to construct a speech which is personal, meaningful and conversational.
- Listen to your child's speech and assist him / her with voice modulation (tone, expression, volume and articulation), pauses, eye contact, gesture and stance.
- Above all, give plenty of encouragement and support.

Manner

- A speaker's manner should be **natural and conversational**.
- Exaggerated gestures, exaggerated use of voice, over-acting and the like should be discouraged in favour of a sincere, down-to-earth manner. With that in mind, it is still important that speakers develop their own individual style. Some speakers will come across more serious than others, some will be more entertaining and light-hearted.
- Speakers must not use props, and should not act out scenes or sing, no matter how good at it they are.
- Eye contact with the audience should be maintained as much as possible. However, the best speeches are generally not learnt off by heart and robotically recited, but rather require the speaker to glance at his or her palm cards occasionally.
- Good speakers will occasionally stumble or say 'um'. This is preferable to speeches which are at the one extreme entirely read or at the other over-rehearsed. The competition is very much a learning exercise for primary – aged speakers, and learners stumble from time to time.
- A speaker's body language should again be natural and easy, which means hand gestures in moderation, a comfortable stance, and the occasional step.
- Speaker's voices should be relaxed and expressive without being exaggerated.

Matter

- The best speeches usually have a strong point of view and a clear direction. All good speeches have a purpose.
- The best speeches are balanced. This means a balance between personal perspective and a broader worldview, between rhetorical device and cold hard facts, and between humour and sincerity. A speech which is entirely personal is not a successful one, and nor is a speech which is essentially an information report. A simple tip would be to begin with a personal story and then broaden out to look at an issue in the community or the country, but remember that this won't work for every speech.
- Good speeches are unique and striking. They should be original and catch the audience's attention by presenting them with something they haven't heard before.

Method

- Speeches need to have a clear introduction, middle and conclusion.
- Good introductions are unique and give the audience a sense of the speaker's theme without being boringly explicit. "My name is _____ and today I'm here to talk about _____" is a very dull beginning, as is anything equally pro forma. Speakers might try beginning with a question, an anecdote, or for more serious speeches, a bold and striking statement.
- The middle of the speech should contain three or four separate, coherent ideas arranged so as to improve the flow of the speech, for example by moving from arguments on a personal scale to look at a global issue, or from a look at the past to where we are heading in the future. Each idea should be given a reasonable amount of time. A simple list of every idea related to the topic is not a useful way to structure this middle section.
- Good conclusions are memorable, effective and original, avoiding pro forma clichés like "I hope you have enjoyed listening to my speech". Speakers should also avoid thanking the audience and opt for a strong final statement of their messages as their last words.

In summary, while there is no formula for writing the perfect speech, most good speeches have a purpose, are sincere, are balanced, and are original and striking. Finally, speakers should remember that there will be many more opportunities in public speaking as they continue through school, so they should focus on enjoying the competition and learning as much as possible rather than on winning.