



Safety



Excellence



Corrimal East Public School Newsletter



Phone: 4284 4582

Email: corrimal-e-p.school@det.nsw.edu.au

Website: <http://www.corrimal-e-p.schools.nsw.edu.au>

Facebook: <https://www.facebook.com/corrimal-eastps/>

Term 3

Friday 7th August, 2020

Week 3

Upcoming Events

Term 3

Monday 10th August

Gymnastics

Monday 17th August

Gymnastics

Monday 24th August

Gymnastics

Monday 31st August

Gymnastics

Monday 7th September

Gymnastics

Monday 14th September

School Photo Day (no Gymnastics)

Monday 21st September

Gymnastics

Hello to all our wonderful parents and carers,

This week has been Education Week with the theme 'Learning Together'. We hope that you enjoyed the video that Miss McQueen compiled for our school. On Tuesday morning, many of our students tuned in to a live broadcast teaching our students about the many different languages of our first nations people. It was so wonderful to see the students having a go at learning some of the languages together.



On Tuesday, I witnessed another great example of how our school community comes together to learn and have fun. Over 50 students lined up to be part of Mr Robson's skipping pod at lunch after watching some of his expert skipping talents at morning assembly. Thank you to Mr Robson for encouraging our community to be part of Jump Rope for Heart.

I would like to acknowledge our amazing office staff who have been working so hard to keep everyone safe in line with COVID restrictions. Can I please ask that if you need to pick your child up early from school that you ring ahead and let our office staff know. That way they can make sure that your child is at the front office at the agreed time and one of them will walk your child out to you at the front gate. This minimises the number of adults we have on site. Please do not contact your class teacher to arrange early pick without letting the front office know.

Here at CEPS we are wanting to plant some more native plants to encourage native wildlife. Today we picked up an array of native plants which were donated by Wollongong Botanic Gardens and then Mrs Jansen and some wonderful student volunteers planted some of them during gardening pod. If you are undergoing some home garden improvements and you have some spare natives that you would like to donate to the school, please drop them off at the front gate any morning or afternoon.



COVID TESTING - INFORMING THE SCHOOL

If your child is being tested for Covid-19 please inform the school *immediately*. Due to current department protocols we must notify the department Covid-19 hotline of any students being tested on that day, and then later notify them of the result. We will require the name of your child and the date they are being tested. Once you have received the results please notify the school and send us a copy of the results. Thank you for your support in keeping these records current.



Jump Rope for Heart kicks off this term!

Jump Rope for Heart is fantastic physical activity involving skipping combined with a fundraising program that has been run by the Heart Foundation for over 36 years. It's a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.

Students will be skipping throughout the term with their class and have the option to continue during lunch breaks. We will hold our school **Jump Off Day** on the 11th of September. This will mark the end of the program and is a chance for all students to come together to skip and show off their newly learned skills.

The fundraising element of the program is **optional**. If you would like to help support this charity, it is important you register your child online so they can receive the full benefits of the program and participate in online fundraising. Just follow the link here to get started: www.jumprope.org.au/parents

We will not be accepting cash donations and advise against any door knocking to seek donations given the current COVID situation. However donations can be made online through sharing your child's fundraising page with friends and family. Donations are tax deductible.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$104 million for the Heart Foundation's lifesaving work.

Thank you for supporting the Jump Rope for Heart program!

Scholastic Book Club

The latest issue of Book Club has been given out to students.

The closing date for this issue is TODAY August 7.

Parents complete **all Book Club Orders online**. There is **no cash or forms taken at the school office**.

Beside are the instructions for the LOOP platform for parents to process their book club purchases. Ordered books will be returned to the school and distributed to the students by the office staff. For any questions, please see Mrs Murphy in the office.

Introducing
SCHOLASTIC
Book Clubs LOOP
for Parents

AVAILABLE AS AN APP!

LOOP is Scholastic Book Clubs **Linked Online** Ordering & Payment platform for Parents.

If you want to pay by credit card for your online Book Club order, **LOOP** makes it easy! It eliminates the need for paper order forms plus your online order is submitted to the school safe and sound.

Log-in to www.scholastic.com.au/LOOP or download our iPhone and iPad app from the App Store or get it on Google Play for Android.

- For a quick start, just click on **ORDER** in the top menu or **REGISTER** first to save your details for next time
- Select your school and your child's class
- Add your child's first name and last initial (so the school knows who the book is for)
- Enter the item number from the Book Club catalogue
- You can order for multiple children at once if they attend the same school
- All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date
- There's no need to return paper order forms or payment receipt details to your school!

Download on the App Store | GET IT ON Google play

Sustainability at CEPS!



Trash Free Tuesday

Corrimal East participates in **Trash Free Tuesday**.

Every Tuesday we encourage parents and caregivers to pack all food in reusable containers with no packaging. Unpackaged foods are usually less processed and provide children with greater health benefits. Research shows that nutritious foods aid brain development, concentration and supports healthy immune systems. **Trash Free Tuesday** will also reduce the amount of waste from our school going to landfill.



Did you know that only 1 in every 20 Australian children (and adults!) are eating enough fruit and vegetables?



Some of our students showing their Trash Free Tuesday containers!



CEPS Newsletter Survey

Staff at Corrimal East PS have been discussing ways to improve our school newsletter. We have considered the current newsletter and its contents and had a few ideas about some new improvements and contents we could add. We would love some feedback from you, the readers, to help us make sure the CEPS newsletter is amazing. Please click on the link below and complete the google form. Your time is very much appreciated. Thank you!

<https://forms.gle/z3LXJ2dPrV7FctSt7>

SRC News Term 3

This term, the SRC have chosen to focus on bringing all our CEPS community together to enjoy our learning space and create fun memories during our time at school. With all the craziness going on around us, the leaders of the CEPS SRC created a Fun Pod that will happen each fortnight to bring some happiness and smiles to the students at CEPS. The first lunch time Fun Pod was run this week on Wednesday and was a huge hit! The SRC leaders held a chalk drawing competition and picked some winners with creative flair. Thank you to our wonderful SRC team. We are all looking forward to seeing what the next Fun Pod will be!

Miss Holz
SRC Coordinator



grasshoppersoccer.com.au
illawarra@grasshoppersoccer.com.au
facebook.com/GrasshopperSoccerIllawarra

ACTIVE KIDS
VOUCHERS
ACCEPTED

Soccer Fun For Girls & Boys Aged 2 to 12!

TERM 3, 2020 PROGRAM starting from August 1

Locations: Figtree and Lake Illawarra

CALL NOW TO BOOK YOUR PLACE! 0412 428 195

Mite-E Soccer (2-3yo)

A great introduction to Soccer!
Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment
35 minute classes
\$120 for 8 weeks



Pint Size Soccer (4-5yo)

Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more. Children get to play lots of fun, skill based games. Grasshoppers get introduced to the Pint Size 1v1 Big Game!
50 minute classes
\$135 for 8 weeks



Intro to Micro (5-6yo)

Micro (6-8yo)
The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more.

Intro - 60 mins \$145 for 8 weeks
Micro - 75 mins \$150 for 8 weeks



Micro Plus (8-12yo)

This program focuses on skill development and teamwork in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game!
75 minute classes
\$150 for 8 weeks



**NOW
OFFERING!**

**Preschool & Primary School
Programs**

Enquire now for more information!

1st Russell Vale Cub Scouts

Now have vacancies

Join scouting to enjoy fun and friendship



Our Cub Adventures include

Hiking, leadership skills,
cooking, camping, craft,
first aid, the environment,
community work,
performing arts, STEM,
fitness, bushcraft just to
name a few.

We meet at: Harry Henson Park,
Robson Street, Corrimal
When: Every Monday of school term
Time: 5.00pm till 6.30pm
Ages: 7 ½ till 11 years old

Contact: Jenny King
Phone: 0459147065
Cost: \$80 per term

P & C News - 2020 - Term 3, Week 3



PIE DRIVE LINK IS LIVE! Please feel free to share our ordering link with friends and family. We just ask that there are plans in place for the pickup day, Friday 11th September. More details below:

<https://corrimalleastpiedrive2020.floktu.com/>

Have a great weekend!

Jayne Ellis
P&C President
0419 293 763

Cindy Napier
P&C Secretary
0421 221 810

Sarah Loemker
Fundraising Officer
0405 084 632

Linda Trebel
Canteen Manager
0438 840 820

ceps.pc.president@gmail.com ceps.pc.secretary@gmail.com ceps.fete@gmail.com ceps.pc.canteen@gmail.com

FUNDRAISING:

- **ENTERTAINMENT Book / App** available to purchase again this year. Follow the link below to organise your membership. Feel free to share the link with family and friends. This is our unique link so all sales come back to us.
<https://www.entertainmentbook.com.au/orderbooks/280p854>



- **PIE DRIVE - LINK IS LIVE (as above)**

Due to Covid 19 restrictions all orders need to be submitted online. Please order **BEFORE 2pm Friday the 28th of August**. Use the link above. All orders will be available for collection on **September 11th** directly from the school. More details to come as this needs to be done as safe as possible to comply with Covid requirements within the school.

- **FATHERS DAY STALL** - Our Fundraising Committee are working extremely hard to accommodate the Covid restrictions but still be able to hold the Father's Day Stall this year. Further details to come.
- **FATHERS DAY RAFFLE** - We're excited to bring you a Father's Day Raffle this year. Ticket books have been sent home TODAY. Please return all tickets, (Sold or unsold) and Money to the office slot by Wednesday 2nd September. The draw will be Friday 4th September!

CANTEEN:

- Don't forget you can now PAY for orders by **direct debit!!**
Account details: CEPS P&C Canteen BSB: 814 282 Account: 50831938
- Please remember that due to the Covid regulations we can NOT use our Stickybeaks re-usable bags at present. All orders need to be on a paper bag until further notice. Thank you for understanding.
- We ask that you remind your Children to pick up **all frozen treats or warm milos from the canteen, after eating time.**



wAcKy WeDnEsDaYs ARE HERE!!

Don't forget our special treats available on **wAcKy WeDnEsDaYs** for TERM 3.
WEDNESDAY ONLY, (in addition to our normal menu).

Make sure you purchase your favourite item... The most popular item *might* just make it onto our menu PERMANENTLY!!

Eastie's Eatery
Wacky Wednesdays – Term 3 only - Lunch
 In addition to the normal Menu

HOT DOG with sauce	\$4.00
CHICKEN DINOSAURS 5 FOR	\$3.00
GLUTEN FREE CHICKEN RICE NOODLES	\$3.00
HOT CHIPS	\$2.50
SMOOTHIE	\$2.50

Note: Noodles and Smoothies will need to be picked up from Canteen.

Kindergarten Enrolment for 2021

We are taking enrolments for Kindergarten 2021 now!

If you have a child starting school next year

(or if you know anyone that is looking to enroll next year from our zoned area)

please call the school on 4284 4582

School tours and enrolment packages are available now



SCHOOL PHOTO DAY HAS BEEN POSTPONED



www.msp.com.au

School photo day has been postponed! We have rescheduled to: Monday 14th September 2020

Please note the following:

- ❑ If you have placed an order online, that order is stored in our system and will be fulfilled on photo day.
- ❑ New envelopes will be issued to students that have NOT placed an order online. Students that have already ordered online will receive an electronic reminder about their upcoming photos.

UPDATE

New envelopes will soon be handed out to families who have not yet ordered their photos.

If you have already paid there is no need to worry. The order will be transferred over to our new photo day.



Corrimal East Public School

Duff Parade, East Corrimal

PO Box 73, Corrimal 2518

P: (02) 4284 4582

E: corrimal-e-p.school@det.nsw.edu.au

W: www.corrimal-e-p.schools.nsw.edu.au

CEPS K-6 Public Speaking Program, Term 3, 2020

Dear Parents,

We are preparing our students for our School Public Speaking competition which will be held this term. The aim is to assist students to become more confident, clear and focused speakers in a public situation. Public Speaking constitutes part of each class' Speaking and Listening program and is completed in all classes from Kindergarten to Year 6.

The required length of each speech will differ per stage (see below).

Kindergarten	Stage 1 (Years 1&2)	Stage 2 (Years 3&4)	Stage 3 (Years 5&6)
1 min	2 mins	3 mins	4 mins

Topics to Choose from

Kindergarten <ul style="list-style-type: none">• My favourite toy or game• My favourite thing to do with my family• I love school because.....	Years 1 and 2 <ul style="list-style-type: none">• A place I would love to visit• Things that make me laugh• What would I do if I had super powers for one day?• Important people in my life
Years 3 and 4 <ul style="list-style-type: none">• The same but different• The greatest thing ever invented?• How can Kids can make a difference• Why play sport?	Years 5 and 6 <ul style="list-style-type: none">• Why should we recycle?• If I was the Prime Minister for the day I would..?• Words can hurt• How I conquered my biggest fear?

The speech should have a beginning, middle and ending. It is important to avoid just listing points but try to develop several ideas into an opinion with a firm conclusion.

Students will present their speech to their individual class in Week 6 this term. Class teachers will be assessing each of the speeches using marking rubrics. Selected students from each class will present their speech at the CEPS Public Speaking finals which are to be held on **Wednesday 16th September, 2020** (Week 9) in the hall. **At this stage parents are unable to attend but each speech will be videoed and placed on Seesaw.**

This learning experience should be viewed as an enjoyable and productive exercise. Students are encouraged to participate at a level at which they are comfortable and gain the most from the experience.

Please speak with your child's class teacher if you would like any further information.

Michelle Munro

Assistant Principal & Zora Brown

POINTS TO HELP PREPARE YOUR CHILD

- The appropriate palm card size for Stage 1 is 14cm x 9cm (1/4 of an A4 page) and a Stage 2 & 3 is 10cm x 7cm (1/8 of an A4 page). Some students may like to keep their cards in order with a key ring.
- Ensure that your child does not introduce himself / herself or the topic. The teacher will do this. Also avoid thanking the audience at the end of the speech. The audience thanks the speaker by applauding.
- Direct your children to sources where they can find the information. This could include the Library, interviews, family discussions, internet, etc. this will help them to construct a speech which is personal, meaningful and conversational.
- Listen to your child's speech and assist him / her with voice modulation (tone, expression, volume and articulation), pauses, eye contact, gesture and stance.
- Above all, give plenty of encouragement and support.

Manner

- A speaker's manner should be **natural and conversational**.
- Exaggerated gestures, exaggerated use of voice, over-acting and the like should be discouraged in favour of a sincere, down-to-earth manner. With that in mind, it is still important that speakers develop their own individual style. Some speakers will come across more serious than others, some will be more entertaining and light-hearted.
- Speakers must not use props, and should not act out scenes or sing, no matter how good at it they are.
- Eye contact with the audience should be maintained as much as possible. However, the best speeches are generally not learnt off by heart and robotically recited, but rather require the speaker to glance at his or her palm cards occasionally.
- Good speakers will occasionally stumble or say 'um'. This is preferable to speeches which are at the one extreme entirely read or at the other over-rehearsed. The competition is very much a learning exercise for primary – aged speakers, and learners stumble from time to time.
- A speaker's body language should again be natural and easy, which means hand gestures in moderation, a comfortable stance, and the occasional step.
- Speaker's voices should be relaxed and expressive without being exaggerated.

Matter

- The best speeches usually have a strong point of view and a clear direction. All good speeches have a purpose.
- The best speeches are balanced. This means a balance between personal perspective and a broader worldview, between rhetorical device and cold hard facts, and between humour and sincerity. A speech which is entirely personal is not a successful one, and nor is a speech which is essentially an information report. A simple tip would be to begin with a personal story and then broaden out to look at an issue in the community or the country, but remember that this won't work for every speech.
- Good speeches are unique and striking. They should be original and catch the audience's attention by presenting them with something they haven't heard before.

Method

- Speeches need to have a clear introduction, middle and conclusion.
- Good introductions are unique and give the audience a sense of the speaker's theme without being boringly explicit. "My name is _____ and today I'm here to talk about _____" is a very dull beginning, as is anything equally pro forma. Speakers might try beginning with a question, an anecdote, or for more serious speeches, a bold and striking statement.
- The middle of the speech should contain three or four separate, coherent ideas arranged so as to improve the flow of the speech, for example by moving from arguments on a personal scale to look at a global issue, or from a look at the past to where we are heading in the future. Each idea should be given a reasonable amount of time. A simple list of every idea related to the topic is not a useful way to structure this middle section.
- Good conclusions are memorable, effective and original, avoiding pro forma clichés like "I hope you have enjoyed listening to my speech". Speakers should also avoid thanking the audience and opt for a strong final statement of their messages as their last words.

In summary, while there is no formula for writing the perfect speech, most good speeches have a purpose, are sincere, are balanced, and are original and striking. Finally, speakers should remember that there will be many more opportunities in public speaking as they continue through school, so they should focus on enjoying the competition and learning as much as possible rather than on winning.