



Respect



Safety



Excellence



Corrimal East Public School Newsletter



Phone: 4284 4582

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Term 3

Friday 31st July, 2020

Week 2

Upcoming Events

Term 3

Monday 10th August

Gymnastics

Monday 17th August

Gymnastics

Monday 24th August

Gymnastics

Monday 31st August

Gymnastics

Monday 7th September

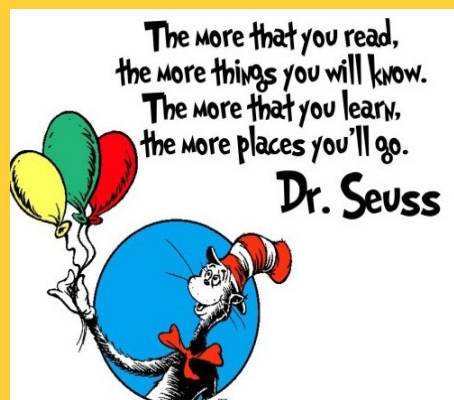
Gymnastics

Monday 14th September

School Photo Day (no Gymnastics)

Monday 21st September

Gymnastics



Dear Parents/Caregivers,

This week I joined our first online Zoom P&C meeting which was a great success! I would love to see more of you at our next meeting. I would like to personally thank our wonderful P&C as they navigate around this tricky time whilst being innovative and creative in planning for future COVID safe fundraising opportunities for our community.

Construction of our new netball court is due to commence next Wednesday. I have seen the plans and approved the design and I know this is going to be a welcomed resource for our students and staff. I will keep you posted in regards to a possible completion date.

Next week is Education Week and the theme is 'Learning Together'. Some of our awesome teaching staff will be putting together a video that we will share with you all. The video will showcase some of the wonderful learning opportunities that are going on every classroom. We know that this does not compare to actually being in the classroom with your children, however we hope you will enjoy it.



Mrs Jemima Gammone
Principal



Jump Rope for Heart kicks off this term!

Jump Rope for Heart is fantastic physical activity involving skipping combined with a fundraising program that has been run by the Heart Foundation for over 36 years. It's a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.

Students will be skipping throughout the term with their class and have the option to continue during lunch breaks. We will hold our school **Jump Off Day** on the 11th of September. This will mark the end of the program and is a chance for all students to come together to skip and show off their newly learned skills.

The fundraising element of the program is **optional**. If you would like to help support this charity, it is important you register your child online so they can receive the full benefits of the program and participate in online fundraising. Just follow the link here to get started: www.jumprope.org.au/parents

We will not be accepting cash donations and advise against any door knocking to seek donations given the current COVID situation. However donations can be made online through sharing your child's fundraising page with friends and family. Donations are tax deductible.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$104 million for the Heart Foundation's lifesaving work.

Thank you for supporting the Jump Rope for Heart program!

Scholastic Book Club

The latest issue of Book Club has been given out to students. The closing date for this issue is August 7.

Parents complete all Book Club Orders online. There is no cash or forms taken at the school office.

Beside are the instructions for the LOOP platform for parents to process their book club purchases. Ordered books will be returned to the school and distributed to the students by the office staff. For any questions, please see Mrs Murphy in the office.


Introducing

SCHOLASTIC

Book Clubs LOOP

for Parents

AVAILABLE
AS AN APP!



LOOP is Scholastic Book Clubs **Linked Online Ordering & Payment** platform for Parents.

If you want to pay by credit card for your online Book Club order, **LOOP** makes it easy! It eliminates the need for paper order forms plus your online order is submitted to the school safe and sound.

Log-in to www.scholastic.com.au/LOOP or download our iPhone and iPad app from the App Store or get it on Google Play for Android.

- For a quick start, just click on **ORDER** in the top menu or **REGISTER** first to save your details for next time
- Select your school and your child's class
- Add your child's first name and last initial (so the school knows who the book is for)
- Enter the item number from the Book Club catalogue
- You can order for multiple children at once if they attend the same school
- All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date
- There's no need to return paper order forms or payment receipt details to your school!

Download on the
App Store

GET IT ON
Google play

National Tree Day

Today is National Tree Day. Bunnings Bellambi kindly donated a beautiful red flowering gum tree to Corrimal East Public School. Today Mrs Jansen and 1/2-Matildas planted this tree in our school garden. We are looking forward to watching it grow and flower.



District Football Gala Day

Way back in Term 1, Jarrah from 5/6-Steelers was selected in the North Wollongong PSSA Boys Football Team.

Unfortunately the pathway from district to zone, regional and state PSSA teams was cancelled this year due to Covid-19.

Jarrah has now been invited by the Illawarra Sports High School to participate in a football gala day to make up for his lost opportunities earlier in the year.

He will be watched by coaches from Football South Coast and Sydney FC and will be aiming to impress scouts from the Illawarra Sports High All Stars Program.

We would like to wish Jarrah all the best at the gala day. What an awesome achievement!



Trash Free Tuesday

Corrimal East participates in **Trash Free Tuesday**.

Every Tuesday we encourage parents and caregivers to **pack all food in reusable containers with no packaging**. Unpackaged foods are usually less processed and provide children with greater health benefits. Research shows that nutritious foods aid brain development, concentration and supports healthy immune systems. **Trash Free Tuesday** will also reduce the amount of waste from our school going to landfill.



Did you know that only 1 in every 20 Australian children (and adults!) are eating enough fruit and vegetables?



P & C News - 2020 - Term 3, Week 2

It was great to FINALLY have a P&C meeting this week. Thank you to everyone who attended our first Zoom. We have a few fundraising items that our amazing Fundraising Committee have been working on to get us back into the swing and raise much needed funds for the Netball court resurfacing. We've missed out on so much during this crazy Covid ravaged year, so we're eager to bring you some safe options, that support our school too.

Have a great weekend!



Jayne Ellis
P&C President
0419 293 763

Cindy Napier
P&C Secretary
0421 221 810

Sarah Loemker
Fundraising Officer
0405 084 632

Linda Trebel
Canteen Manager
0438 840 820

ceps.pc.president@gmail.com ceps.pc.secretary@gmail.com ceps.fete@gmail.com ceps.pc.canteen@gmail.com

What's happening with the CEPS P&C FUNDRAISING:

We have the **ENTERTAINMENT Book / App** available to purchase again this year. Follow the link below to organise your membership. Feel free to share the link with family and friends. This is our unique link so all sales come back to us.

<https://www.entertainmentbook.com.au/orderbooks/280p854>



We are also excited to have a **PIE DRIVE** this year. It's been a few years since we've done one of these, but it's always been a favourite.

We will be ordering from the Illawarra's renowned **Queen Street Bakery in Warilla**, we have been assured they are following a Covid Safe plan. All proceeds from this event will go toward the resurfacing of the Schools' Netball Court.

Due to Covid 19 restrictions all orders need to be submitted online. Please order **BEFORE 2pm Friday the 28th of August**. Click on the link below:

<https://corrimalleastpiedrive2020.floktu.com/>

All orders will be available for collection on **September 11th** directly from the School, more details to come about how this will be done safely to comply with Covid requirements within the school.

Please contact the P&C if you have any further questions - ceps.fete@gmail.com



A few notes from the Canteen:

- Don't forget you can now PAY for orders by **direct debit!!**
- Please remember that due to the Covid regulations we can NOT use our Stickybeaks re-usable bags at present. All orders need to be on a paper bag until further notice. Thank you for understanding.
- We ask that you remind your Children that **all frozen treats and warm milos need to be picked up from the canteen after eating time.**

PAY ONLINE



Account details:
CEPS P&C Canteen
BSB: 814 282
Account: 50831938

wAcKy WeDnEsDaYs ARE HERE!!

Don't forget our special treats available on **wAcKy WeDnEsDaYs** for TERM 3. **WEDNESDAY ONLY**, (in addition to our normal menu). Make sure you purchase your favourite item... The most popular item *might* just make it onto our menu PERMANENTLY!!



Kindergarten Enrolment for 2021

We are taking enrolments for Kindergarten 2021 now!

If you have a child starting school next year

(or if you know anyone that is looking to enroll next year from our zoned area)

please call the school on 4284 4582

School tours and enrolment packages are available now



SCHOOL PHOTO DAY HAS BEEN POSTPONED



www.msp.com.au

School photo day has been postponed! We have rescheduled to: Monday 14th September 2020

Please note the following:

- ❑ If you have placed an order online, that order is stored in our system and will be fulfilled on photo day.
- ❑ New envelopes will be issued to students that have NOT placed an order online. Students that have already ordered online will receive an electronic reminder about their upcoming photos.

UPDATE

New envelopes will soon be handed out to families who have not yet ordered their photos. If you have already paid there is no need to worry. The order will be transferred over to our new photo day.



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2020 Gymnastics Program

Mondays Week 4 – 10 Term 3

POP Reference – Gymnastics 2020

Dear Parents,

From Monday the 10th of August 2020, students will be participating in a whole school Gymnastics Program. Specialised coaches will be setting up all equipment and providing the coaching to every student. ***The company is adhering to strict health and safety guidelines to ensure safety of all students.***

The program will run every Monday for 6 weeks from Week 4 onwards. ***Please ensure your child wears sports uniform on Mondays.*** There will be no gymnastics in Week 9 due to school photos. This Program is designed to ensure all students meet the outcomes as detailed in the K-6 Syllabus for Personal Development, Health and Physical Education.

All students are required to participate in this learning experience. There is a reasonable cost of \$12 per student for the 6 week program. Unfortunately if your child is unable to attend any of the weekly classes there will be no refund for the classes missed as the company have been booked based on current numbers. ***POP payments are preferred.***

Students are to wear their sports uniform.

Please complete the below permission slip and return it with online payment number or cash payment to your child's class slot by Wednesday 5th August 2020.

Chris Stanley

Sports Coordinator

2020 Gymnastics Program

Mondays Week 4 – 10 Term 3

POP Reference – Gymnastics 2020

I give permission for my child/ren _____ of class/es _____ to participate in the 2020 Gymnastics Program beginning on Monday the 10th of August 2020.

I understand my child will be under the direct supervision of their teacher/s and gymnastic instructors and there is a no refund policy for any missed classes.

☐ I/We have made an online payment for this event on (date) _____. My receipt number is _____.

☐ I/We enclose \$ _____ as cash payment for my child/ren.

☐ I/We understand there will be no refund if my child is absent for a session.

Name of parent (Please print)

Signature

Date



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CEPS K-6 Public Speaking Program, Term 3, 2020

Dear Parents,

We are preparing our students for our School Public Speaking competition which will be held this term. The aim is to assist students to become more confident, clear and focused speakers in a public situation. Public Speaking constitutes part of each class' Speaking and Listening program and is completed in all classes from Kindergarten to Year 6.

The required length of each speech will differ per stage (see below).

Kindergarten	Stage 1 (Years 1&2)	Stage 2 (Years 3&4)	Stage 3 (Years 5&6)
1 min	2 mins	3 mins	4 mins

Topics to Choose from

Kindergarten <ul style="list-style-type: none">• My favourite toy or game• My favourite thing to do with my family• I love school because.....	Years 1 and 2 <ul style="list-style-type: none">• A place I would love to visit• Things that make me laugh• What would I do if I had super powers for one day?• Important people in my life
Years 3 and 4 <ul style="list-style-type: none">• The same but different• The greatest thing ever invented?• How can Kids can make a difference• Why play sport?	Years 5 and 6 <ul style="list-style-type: none">• Why should we recycle?• If I was the Prime Minister for the day I would..?• Words can hurt• How I conquered my biggest fear?

The speech should have a beginning, middle and ending. It is important to avoid just listing points but try to develop several ideas into an opinion with a firm conclusion.

Students will present their speech to their individual class in Week 6 this term. Class teachers will be assessing each of the speeches using marking rubrics. Selected students from each class will present their speech at the CEPS Public Speaking finals which are to be held on **Wednesday 16th September, 2020** (Week 9) in the hall. **At this stage parents are unable to attend but each speech will be videoed and placed on Seesaw.**

This learning experience should be viewed as an enjoyable and productive exercise. Students are encouraged to participate at a level at which they are comfortable and gain the most from the experience.

Please speak with your child's class teacher if you would like any further information.

Michelle Munro

Assistant Principal & Zora Brown

POINTS TO HELP PREPARE YOUR CHILD

- The appropriate palm card size for Stage 1 is 14cm x 9cm (1/4 of an A4 page) and a Stage 2 & 3 is 10cm x 7cm (1/8 of an A4 page). Some students may like to keep their cards in order with a key ring.
- Ensure that your child does not introduce himself / herself or the topic. The teacher will do this. Also avoid thanking the audience at the end of the speech. The audience thanks the speaker by applauding.
- Direct your children to sources where they can find the information. This could include the Library, interviews, family discussions, internet, etc. this will help them to construct a speech which is personal, meaningful and conversational.
- Listen to your child's speech and assist him / her with voice modulation (tone, expression, volume and articulation), pauses, eye contact, gesture and stance.
- Above all, give plenty of encouragement and support.

Manner

- A speaker's manner should be **natural and conversational**.
- Exaggerated gestures, exaggerated use of voice, over-acting and the like should be discouraged in favour of a sincere, down-to-earth manner. With that in mind, it is still important that speakers develop their own individual style. Some speakers will come across more serious than others, some will be more entertaining and light-hearted.
- Speakers must not use props, and should not act out scenes or sing, no matter how good at it they are.
- Eye contact with the audience should be maintained as much as possible. However, the best speeches are generally not learnt off by heart and robotically recited, but rather require the speaker to glance at his or her palm cards occasionally.
- Good speakers will occasionally stumble or say 'um'. This is preferable to speeches which are at the one extreme entirely read or at the other over-rehearsed. The competition is very much a learning exercise for primary – aged speakers, and learners stumble from time to time.
- A speaker's body language should again be natural and easy, which means hand gestures in moderation, a comfortable stance, and the occasional step.
- Speaker's voices should be relaxed and expressive without being exaggerated.

Matter

- The best speeches usually have a strong point of view and a clear direction. All good speeches have a purpose.
- The best speeches are balanced. This means a balance between personal perspective and a broader worldview, between rhetorical device and cold hard facts, and between humour and sincerity. A speech which is entirely personal is not a successful one, and nor is a speech which is essentially an information report. A simple tip would be to begin with a personal story and then broaden out to look at an issue in the community or the country, but remember that this won't work for every speech.
- Good speeches are unique and striking. They should be original and catch the audience's attention by presenting them with something they haven't heard before.

Method

- Speeches need to have a clear introduction, middle and conclusion.
- Good introductions are unique and give the audience a sense of the speaker's theme without being boringly explicit. "My name is _____ and today I'm here to talk about _____" is a very dull beginning, as is anything equally pro forma. Speakers might try beginning with a question, an anecdote, or for more serious speeches, a bold and striking statement.
- The middle of the speech should contain three or four separate, coherent ideas arranged so as to improve the flow of the speech, for example by moving from arguments on a personal scale to look at a global issue, or from a look at the past to where we are heading in the future. Each idea should be given a reasonable amount of time. A simple list of every idea related to the topic is not a useful way to structure this middle section.
- Good conclusions are memorable, effective and original, avoiding pro forma clichés like "I hope you have enjoyed listening to my speech". Speakers should also avoid thanking the audience and opt for a strong final statement of their messages as their last words.

In summary, while there is no formula for writing the perfect speech, most good speeches have a purpose, are sincere, are balanced, and are original and striking. Finally, speakers should remember that there will be many more opportunities in public speaking as they continue through school, so they should focus on enjoying the competition and learning as much as possible rather than on winning.